

EXETER SPREAD EAGLE CLUB

www.exeterspreadeagles.org

www.facebook.com/exeterspreadeagles/

Contacts:

Chairman, Garry Adams

Tel: 01363 775424 email: garada9@gmail.com

Secretary, Barbara Johnson

Tel: 01297 599086 email: barbj@talktalk.net

NEWSLETTER – OCTOBER 2026

Welcome to our Autumn Newsletter.

Another year seems to have shot by and here we are announcing in this edition the 2026 Christmas luncheon at the superb Victoria Hotel, Sidmouth on Thursday 3rd December. Do come and join us there to enjoy the wonderful decorations as well as our lovely company!

Since our last newsletter, we have enjoyed a summer coffee morning in July at the Powderham Bistro where 29 attended, followed by our annual visit to the Sidmouth Pavilion Theatre to see a comedy "Outside Edge" where 24 of us enjoyed the evening without mishap on 27th August. On the 24th of September, 22 of us lapped up a scrumptious cream tea with massive scones at the Red Ruby Café, Thorverton where new member Jenny Chandler joined us for the first time.

Next up on 21st of this month we should welcome you to the Pub Lunch at the White Horse Inn. I hope that all who want to come, have booked in! Currently 31 expected. (Now fully subscribed)

After that, there is a free coffee morning (with mince pies) at The Rougemont Hotel in Exeter with the opportunity to visit the Christmas Market on Cathedral Green for some Christmas gift shopping at the various booths found there. That will be on Monday 16th November from 10.30am. Please see later in this edition, as you need to tell Martin and Wendy Mitten if you can make it.

And then it is Christmas time at the Victoria Hotel, Sidmouth. Full details and booking form attached at the end of this newsletter.

Into the New Year, we have planned a coffee morning for February (Weds 17th) at the White Horse followed by our AGM in March. More on that and other future events in the January newsletter.

I feel I should mention at this point that one of our long-standing members, Dave Burgess, has sadly died with his funeral on 29th October at the Exeter Crematorium.

Finally, please do remember to take a look at our Website for up-to-date information and reports on our activities (www.exeterspreadeagles.org) and also on our Facebook page.

Financial Review

Whilst we do have funds available and will continue to run a deficit each year to use up our surplus balance, costs have been rising and none more so than at the major lunches which we so enjoy. Your subsidy for this Christmas at the Victoria will attract a 52% subsidy whilst keeping members' contributions to the same level as last year. Booking details are at the back of this newsletter. I look forward to your continued support of our various events.

Finally, should I not see you at either the November or December events; I wish you all a lovely Christmas and a Safe, Healthy and Happy New Year! (Yes, I know, it's a bit early).

Garry, Chairman and Treasurer ESEC

Secretary's Notes

Autumn has arrived and with it more sunshine but less intense heat and fingers crossed that we have a mild winter! We do need rain to fill the reservoirs and water the trees and plants etc. and (to date) we are still in 'drought' conditions.

With our members living over a large area in Devon, we are always mindful to 'spread the events' and do please let us know if you have any suggestions for new venues. Thank you. We are pleased to have introduced two new venues for our Club events this year; A Cream Tea at Ruby Red Café, Exe Valley Farm Shop, Thorverton and Coffee/Tea and Mince Pies at The Rougemont Hotel in Exeter.

The weeks 'march on' all too quickly sometimes and please do let us know if you are planning to attend any event as soon as possible. This is a great help to the committee, so 'Thank you'.

This is the fourth Newsletter this year and the next one will be issued in January 2027! So please keep a look out for it around the middle of that month and if you don't receive anything, please let me know, but do check your 'Junk/Spam' email boxes first. Note: If you do not hold an email account, we will continue to post a paper copy to your home address.

If you can't print a form, don't panic, simply write your details and requirements on a piece of paper to post OR type them onto an email and send them to us.

In the meanwhile, I hope you are all keeping well and do take care please.

Best wishes,

Barbara, Secretary

Wellbeing

We still have a vacancy on our Wellbeing Committee, and I do hope to fill this position in the not too distant future.

Transport can become a problem if you don't drive or have to give up your car. If any of you are willing to give a local person a lift, please let us know and whilst we, the committee, cannot undertake to organise anything, we can, with your agreement, put you in touch with them.

Ray, Wellbeing Coordinator

IT Expertise needed

Member Ron Powell has overseen our Website for a number of years but now intends to relinquish this responsibility at the end of the year. We are looking for a replacement IT specialist, amongst our membership if possible, and wonder if anyone can offer to undertake this role or suggest a willing person? If you can do so, please contact any member of the committee for further details.

As you may be aware, Jan Russell – committee member, takes photos at our events and writes short reports which she posts on our Website, including social media (Facebook). However, she occasionally needs some assistance from the IT expert if a problem should arise.

Social Functions

**Wednesday 21st October 12.30pm for 1.00pm serving –
Pub Grub Lunch at The White Horse Inn, Woodbury
Salterton, EX5 1EP.**

(NOW FULLY BOOKED) Payment at the Bar on the day please – don't forget to settle up including for your drinks.

As in previous years our very generous Treasurer will be handing out "a little something" towards the cost of your meal.

**Monday 16th November 10.30am – Coffee and Mince Pies
Morning at The Rougemont Hotel, Queen Street, Exeter
EX4 3SP and opportunity then to visit the Exeter
Christmas Market on Cathedral Green.**

This is a free (fully subsidised), event but for catering purposes please advise Martin or Wendy Mitten by Sunday 8th November latest if you intend to join us. (by e-mail to mittenmartin@gmail.com or phone, Tel 07779 175713) If texting please remember to include your name and ESEC.

The Rougemont Hotel is positioned directly opposite Exeter Central Station and is just 3 or 4 minutes' walk from the Cathedral Green.

**Thursday 3rd December 12.30pm – Christmas Lunch and
Raffle at The Victoria Hotel, The Esplanade, Sidmouth
EX10 8RY, sitting down at 1.00pm**

Booking form attached. Please complete and return by Saturday, 14th November at the latest. Payment by BACS preferred, or by cheque.

Account name: Exeter Spread Eagle Club, Account Number: 10138878
Sort Code: 20-30-47 (Reference: Your surname)

The cost per head is held at £25.00 for members and £50.00 for non-members. This price includes a glass of wine or fruit juice. *(Please advise any special dietary requirements you may have, e.g. if you do not want sauces or gravy.)*

Please also indicate on your booking form if you wish to be seated with particular friends so an appropriate seating plan can be drawn up.

On this occasion it is intended to hold a Raffle in aid of Hospiscare, Exeter. Please bring some cash with you and support this worthy local charity.

Future dates for your diary: (full details will be given in the January 2027 Newsletter)

Free Coffee Morning at The White Horse Inn, Woodbury Salterton, Wednesday 17th February at 10.30am

Annual General Meeting & Lunch - Mid March – date and venue to be confirmed

Photograph Policy

BARCLAYS BANK EXETER SPREAD EAGLE PENSIONERS CLUB takes photographs during events for social purposes, which are posted on our website including social media (Facebook).

- **Lawful Basis:** We process these images based on your explicit consent which is assumed unless you tell us otherwise.
- **Your Rights:** If you are featured in a photo on this website and wish for it to be removed, please contact the Club Secretary by email [barbj@talktalk.net], or in writing. We will remove your image promptly upon request.
- **Data Retention:** We keep photos only for as long as necessary for their intended purpose.
- **Withdrawal of Consent:** If you have previously provided consent, you have the right to withdraw it at any time by contacting the club Secretary.